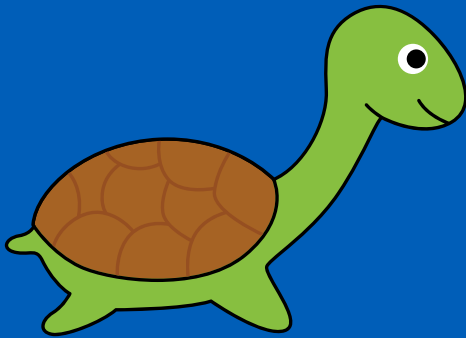
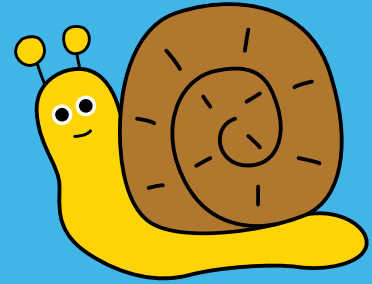


What to expect at your assessment

Who with: The Education Mental Health Practitioner (EMHP) and maybe your parents/carers.

Where: A quiet and private room at school.

How long: 45 minutes.

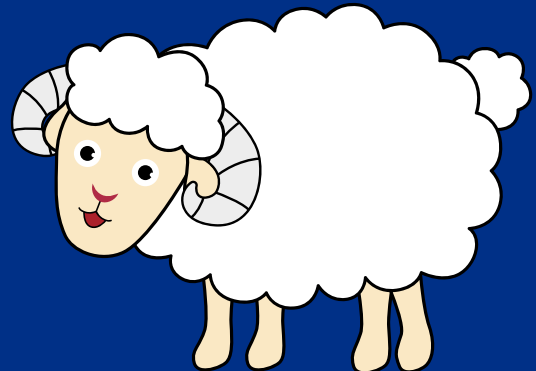


Before

Before your assessment you will have some questionnaires to fill out, (called RCADs) about your thoughts and feelings. They are one of the ways the EMHP gets to understand what is happening for you. Your parent or carer can help you fill these in if you want them to.

After

After your assessment the EMHP will speak to their supervisor to decide what the best treatment will be for you. They will talk this through with you afterwards to see what you think as well. Parent/carers will also be told the outcome.



Video

You will be asked if it is OK to video record the assessment. This is to help the EMHP to do the best job that they can. If it is OK then you (and your parents/carers) will need to sign a form to say it is.

