

Brain Break Prompts

Use these lovely brain break prompts if ever you feel that your class needs a break from all their hard work! You can use these directly of the sheet, or glue them onto Popsicle sticks (or tongue depressors) if you want to choose at random! Enjoy!

Do the Macarena!

Walk like a...

Play hangman!

Jumping Jacks

Jog in place!

Dance like a robot!

Dance in slow motion!

Hop on one foot!

Stomp like an elephant!

Switch seats!

Tell a joke!

Tic Tac Toe

Would you rather...

High 5s!

Broken Telephone

Rock, paper, scissors!

Head and Shoulders!

Shake it off!

Simon Says

Mirror, Mirror!

Conga Line!

Doodle time

Let's stretch!

Cha-cha slide!

YMCA!

7 Up