

Curriculum Medium Term Objectives Overview Year 1



Core theme	Term Taught	Year 1 Learning objectives
Health and Wellbeing 1 Keeping Safe Growing and changing	Spring 1	<u>INTERNET SAFETY</u> To learn about the uses of the internet. To learn how to use the internet safely and how to get help. To explain changes as we grow. To identify and explain places and people who make me feel safe when worried or scared. To explain the difference between good and bad secrets. To explain how you can keep yourself safe at home.
Health and Wellbeing 2 Healthy lifestyle Keeping our bodies healthy	Spring 2	To explain how to keep ourselves clean. To identify parts of our bodies. To explain how to use medicine safely. To understand the importance of a healthy diet. To understand and explain how to keep teeth healthy.
Relationships	Autumn 2 First part Spring 1	To identify and explain different emotions. To explore different types of families and recognise what makes them special. To identify the qualities of a good friend. To explain what a compliment is and why it is important. To recognise our achievements and achievements of others. To explain why good friends are important and explore how to make new friends. To identify different types of bullying and explain what to do if they are being/witness bullying.
Living in the Wider World 1 Rights and responsibilities	Autumn 1	To learn how to contribute to the life of the classroom. To help construct, and agree to follow, rules and the importance of these rules. To understand the needs of other people and leaving things. To learn about belonging to groups and a community.
Living in the Wider World 2 Taking care of the environment Money Matters	Summer 1 and 2	To learn about voting. To learn about having money. To learn about Charity. To learn about different environments and how to look after them.