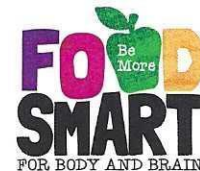


# LUNCH

## Week 1



|          | MONDAY                                                                                                                                                                                       | TUESDAY                                                                                                                    | WEDNESDAY                                                                                                                            | THURSDAY                                                                                                                                                                                                | FRIDAY                                                                                                                        |
|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| MAIN 1   | Sausage Pasta Bake                                                                                          | Cheese & Tomato Pizza with Mixed Salad    | Broccoli & Cauliflower Cheese with Roast Potatoes  | Roasted Gnocchi in Tomato Sauce   | Tasty Loaded Burger with Oven Baked Chips  |
| MAIN 2   | Pasta Bolognese                                                                                                                                                                              | BBQ Chicken with Mashed Potatoes & Gravy  | Roast of the Day with Roast Potatoes & Gravy                                                                                         | Vegetable Lasagne                                                                                                    | Friday Fish Bar & Oven Baked Chips                                                                                            |
| VEG      | Daily vegetables served                                                                                                                                                                      |                                                                                                                            |                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                               |
| DESSERTS |  Berry Crumble Muffin  | Coconut & Lime Cake                     | Autumn Fruit Shortbread                          | Spiced Ginger Cake                                                                                                 | Oat & Lemon Cookie                       |
|          | Fruit & Yoghurt                                                                                                                                                                              |                                                                                                                            |                                                                                                                                      |                                                                                                                                                                                                         |                                                                                                                               |

**AVAILABLE DAILY**

Jacket potatoes, pasta & deli are available to order via your payment system.

### MENU KEY



Vegetarian



Vegan



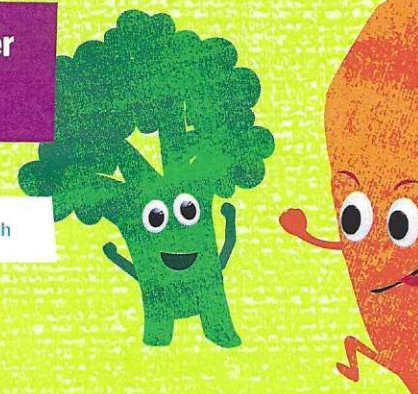
Plant+



Spiced



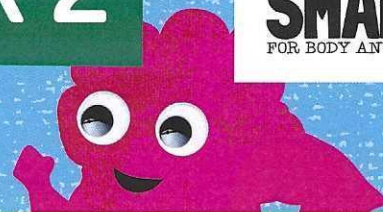
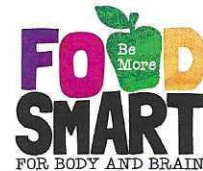
New Dish





# LUNCH

## Week 2



|          | MONDAY                                               | TUESDAY                                         | WEDNESDAY                                        | THURSDAY                                       | FRIDAY                                             |
|----------|------------------------------------------------------|-------------------------------------------------|--------------------------------------------------|------------------------------------------------|----------------------------------------------------|
| MAIN 1   | Veggie Sausage with Mashed Potatoes & Gravy <b>V</b> | Cheese & Tomato Pizza with Mixed Salad <b>V</b> | BBQ Cauliflower Wings & Roast Potatoes <b>Ve</b> | Chickpea & Sweet Potato Curry & Rice <b>Ve</b> | Crispy Nuggets & Salsa & Oven Baked Chips <b>V</b> |
| MAIN 2   | Pork Sausage with Mashed Potatoes & Gravy            | Chinese Noodle Stir Fry <b>V</b>                | Roast of the Day with Roast Potatoes & Gravy     | Chicken Flatbread Kebab & Roast Potatoes       | Friday Fish Bar & Oven Baked Chips                 |
| VEG      | Daily vegetables served                              |                                                 |                                                  |                                                |                                                    |
| DESSERTS | Fruity Sponge Oat Crumble <b>V</b>                   | Fruit Jelly Pot <b>V</b>                        | Cinnamon Apple Cake <b>Ve</b>                    | Pear Upside Down Pudding <b>V</b>              | Chocolate Cookie <b>Ve</b>                         |
|          | Fruit & Yoghurt                                      |                                                 |                                                  |                                                |                                                    |

**AVAILABLE DAILY**

Jacket potatoes, pasta & deli are available to order via your payment system.

### MENU KEY



Vegetarian



Vegan



Plant+



Spiced



New Dish





# LUNCH

## Week 3

**FOOD SMART**  
Be More  
FOR BODY AND BRAIN



|          | MONDAY                                             | TUESDAY                                                      | WEDNESDAY                                                | THURSDAY                                 | FRIDAY                                            |
|----------|----------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------|------------------------------------------|---------------------------------------------------|
| MAIN 1   | No Meatballs with Mashed Potatoes & Gravy <b>V</b> | Cheese & Tomato Pizza with Potato & Red Onion Salad <b>V</b> | Quorn Loaf Roast & Roast Potatoes <b>V</b>               | Vegetable Tray Bake <b>Ve</b> <b>NEW</b> | Handmade Sausage Roll & Oven Baked Chips <b>V</b> |
| MAIN 2   | Potato Topped Beef & Onion Pie                     | Meat Feast Pizza with Potato & Red Onion Salad               | Roast of the Day with Roast Potatoes & Gravy             | Mac n Cheese <b>V</b>                    | Friday Fish Bar & Oven Baked Chips                |
| VEG      | Daily vegetables served                            |                                                              |                                                          |                                          |                                                   |
| DESSERTS | Easiyo Fruit Mousse <b>V</b>                       | Autumn Fruit Traybake <b>V</b> <b>NEW</b>                    | Apple & Rhubarb Crumble with Custard <b>V</b> <b>NEW</b> | Carrot Cake <b>V</b>                     | Gingerbread Selection <b>V</b>                    |
|          | Fruit & Yoghurt                                    |                                                              |                                                          |                                          |                                                   |

**AVAILABLE DAILY**

Jacket potatoes, pasta & deli are available to order via your payment system..

### MENU KEY



Vegetarian



Vegan



Plant+



Spiced



New Dish

