

January 2024

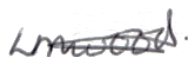
Dear Year 2 Parents and Careers,

Below is a summary of what your child/ children will be covering this Spring term in PHSE (Personal, Social and Health Education). Should you wish to view the school policy, further information about what is taught throughout the year, and how children progress with their skills, please visit the curriculum area on the school website.

Health and Wellbeing 1 Keeping Safe Growing and changing	Spring 1	<u>INTERNET SAFETY-</u> To learn how to use the internet safely. To identify who to talk to if you are worried or scared about something. To identify and explore differences between males and females including body parts To explain how to keep our bodies safe -PANTS Rule To understand the dangers of fire and how to keep safe.
Health and Wellbeing 2 Healthy lifestyle Keeping our bodies healthy	Spring 2	To explain why it is important to keep ourselves clean. To understand the importance of a healthy diet. To identify the risks associated with smoking To understand what is an active lifestyle
Relationships	Autumn 2 First part Spring 1	To recognise and talk about emotions To understand that families can be different. To identify the qualities of a good friend and how we can be a good friend to others. To understand pride To identify different types of bullying and explain what to do if they are being/witness bullying

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Yours sincerely,



Lindsay Wood

Acting Deputy Headteacher