



FREE Online Courses for Parents and Parents-to-be

The Solihull Approach online parenting courses are a series of [NICE approved](#) resources for parents and carers who want to learn more about sensitive and effective parenting and building a positive relationship with their child. Parents are also helped to understand how they can influence their relationship with their child through play.



Understanding pregnancy, labour, birth and your baby

Understanding your baby

Understanding your child

Understanding your child with additional needs

Understanding your child's feelings

Understanding your teenager's brain

For more information and to access the courses for FREE visit:

[Solihull Approach - FREE online parenting courses in Worcestershire | Starting Well \(startingwellworcs.nhs.uk\)](#)

Use the following code:

PARENTSROCK

